





LIFE SKILLS: LARRY CENTER AT SOMERVILLE

Learning And Readiness for Resilient Youth

THERAPEUTIC DAY PROGRAM FOR YOUTH WITH EMOTIONAL DIFFICULTIES

INCLUDING SPECIALIZATION IN EMERGING PSYCHOSIS

Riverside Community Care and DMH have joined together to present Life Skills Somerville: LARRY *(Learning and Readiness for Resilient Youth)*. Based on our successful Life Skills programs at Needham and Milford, Life Skills Somerville: LARRY provides the same effective treatments for all mental health needs, with specialization in emerging psychosis.

What We Do

- Day treatment, helping youth to overcome crisis
- Bring peers together in therapeutic groups
- Teach coping and social skills
- Develop social connections
- Support families with school search, as needed
- Support goals of finding employment, building skills to facilitate development of interests, building skills to assist identity development
- Psychiatric consultation to supplement existing care

Who We Treat

- Youth ages 12-18
- Teens with mental health struggles
- Resident of Massachusetts
- Ideal for students unable to attend school while families seek appropriate academic environment
- Students who are in school, but could benefit from attending day treatment a few days per week

To Submit a Referral

Contact Kara McTague at Metro Boston DMH:

617-680-3115 or Kara.E.McTague@mass.gov

Contact Us

For referrals:

Kara McTague
Metro Boston DMH
617-680-3115
Kara.E.McTague@mass.gov

For more information about the Life Skills Center:

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Riverside Life Skills Center: LARRY

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Riverside Community Care

Leading the Way in Behavioral Healthcare & Human Services

Mass DMH Department of Mental Health