

Leading the Way in Behavioral Healthcare & Human Services

are pleased to present the nationally recognized CCAR Recovery Coach Academy!

What is a Recovery Coach? Anyone interested in promoting recovery by removing barriers and obstacles to recovery and serving as a personal guide and mentor for people seeking or already in recovery.

The CCAR Recovery Coach Academy® is a 30-hour intensive training academy focusing on providing individuals with the skills needed to guide, mentor and support anyone who would like to enter into or sustain long-term recovery from an addiction to alcohol or other drugs. Provided in a retreat like environment, the CCAR Recovery Coach Academy® prepares participants by helping them to actively listen, ask really good questions, and discover and manage their own stuff.

Transformed People, Transform People

CCAR Recovery Coach Academy® participants will:

- Describe Recovery Coach role and functions
- List the components, core values and guiding principles of recovery
- Build skills to enhance relationships
- Explore many dimensions of recovery and recovery coaching
- Discover attitudes about self disclosure and sharing your story
- Understand the stages of recovery
- Describe the stages of change and their applications
- Increase their awareness of culture, power and privilege
- Address ethical and boundaries issues
- Experience recovery wellness planning
- Practice newly acquired skills



Participants attending in full, will receive a **Certificate of Achievement** upon completion of an online evaluation after the CCAR Recovery Coach Academy®.

Dates: Monday, January 26, 2026 through Friday, January 30, 2026

Times: 9:00am — 4:00pm (includes individual work)

Location: Virtual Learning via Zoom Meeting Platform

Cost: \$250 prior to 1/12/26

\$300 on or after 1/12/26

(Materials included in cost)

Contact: Michelle Eastwick 781-645-9623

***Please make payment by check or credit card to reserve your space**

Return registration form and arrange payment by January 19, 2026 to:

Michelle Eastwick
 meastwick@riversidecc.org

Name: _____

Email Address: _____

Phone: _____

Mailing Address: _____

City: _____ State: _____ Zip: _____

Agency (if applicable) _____

NO REFUNDS ON CANCELLATIONS AFTER January 19, 2026