

Connect2Recovery
Recovery support for people with mental health and/or substance use issues; focused on removing barriers and supporting multiple pathways to recovery.
781-234-1650

Individual Support Program
Home and community support and development of daily living skills for individuals with intellectual and developmental disabilities living in their own homes.
North Reading 978-664-2342 Norwood 781-762-8539

Program of Assertive Community Treatment (PACT)
An array of clinical, rehabilitative, and recovery-oriented services for adults with persistent mental health challenges who have not responded to more traditional services. Referral through DMH.
Needham 781-326-2841

Residential Services
For individuals with intellectual and developmental disabilities or acquired brain injury; variety of apartment and home settings, from 24-hour staffing to semi-independent living, offering development of daily living skills, meaningful relationships, and community connections. Various communities in eastern Massachusetts.
781-329-0909

Respite Services
Short-term community-based clinical and rehabilitative services helping clients attain permanent living situations in the community as fully and independently as possible. Referral through DMH.
Norwood 781-516-2106 Upton 508-422-8095

Shared Living
Matches adults with intellectual and developmental disabilities or acquired brain injury with individuals or families in various communities in eastern Massachusetts for long-term, in-home placement, with Riverside support throughout.
781-762-8539

DOMESTIC VIOLENCE SERVICES

Children with Voices
Education, stress management, and mental healthcare for children and parents who have witnessed domestic violence.
Somerville 617-354-3911

Meeting Place
A safe place to meet when a supervised visit between parents and children is necessary.
Somerville 617-354-3911

High-Risk Assessment & Response Team
Designed to reduce domestic homicides through partnerships with police, the courts, and community providers.
Cambridge, Arlington, & Belmont 617-354-3911

FOR COMMUNITIES, SCHOOLS, AND WORKPLACES

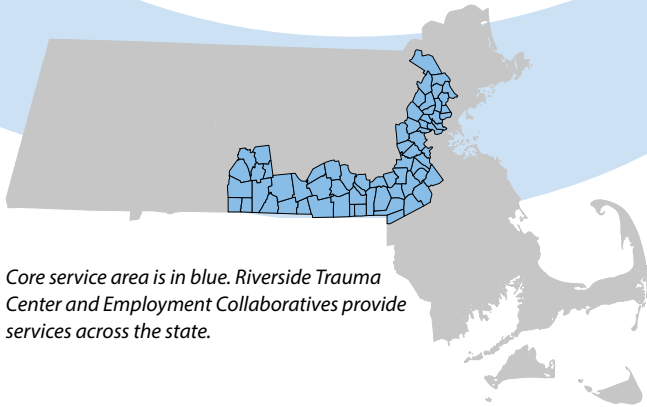
MindWise Innovations
Behavioral health education programs, training, consulting, and crisis management for schools, mental health professionals, businesses, and organizations around the world.
781-239-0071

Regional Employment Collaboratives
Riverside-led partnerships of state agencies, human service providers, employers, and workforce development organizations working to increase employment opportunities for individuals with disabilities. Five regional collaboratives serve greater Boston, MetroWest, northeast, central, and western Massachusetts.
781-801-8464

Riverside Trauma Center
State-wide support services including on-site response, grief counseling, and referrals to help communities, schools, and organizations after critical incidents. Also offers consultation, trainings, suicide screening and prevention, all tailored to specific needs.
781-433-0672

School-Based Services
Bullying and violence prevention training, depression screening, and mental health and addiction treatment services for students in the Newton and Somerville public schools. Also consultation with preschool and daycare program staff on classroom management strategies, and social and emotional development of young children.
617-284-5130

OUR SERVICE AREA



Core service area is in blue. Riverside Trauma Center and Employment Collaboratives provide services across the state.

ABOUT RIVERSIDE COMMUNITY CARE

We make a difference in the lives of individuals, families, and communities through innovative and compassionate behavioral healthcare and human services.

A community-based non-profit organization serving more than 40,000 people a year in Massachusetts, with some services worldwide, Riverside Community Care offers a wide range of mental healthcare, developmental and brain injury services, early childhood and youth programs, addiction treatment, suicide prevention, trauma response, and more.

Please contact us if we can help.

**RIVERSIDE
CAN HELP**

An Overview of Our Services



Riverside Community Care

270 Bridge Street, Suite 301 • Dedham, MA 02026
781-329-0909 • www.riversidecc.org

Updated July 2024

Riverside Community Care

Leading the Way in Behavioral Healthcare & Human Services

Riverside Community Care is proud to serve people of all ages with compassionate and innovative behavioral healthcare and human services. Here is a brief overview of our programs, who we help, what we offer, and how to connect with our services.

FOR ALL AGES

Community Behavioral Health Centers
Treatment teams coordinate crisis intervention, urgent care, individual and group therapy, medication, and peer support for MassHealth members and select other insurance.
Milford 508-529-7000 Norwood 781-769-8670

Mobile Crisis Intervention
24/7 mental health and substance abuse crisis evaluation and intervention for youth and adults in the home, in our offices, or in the community.
Milford & surrounding area 800-294-4665
Norwood & surrounding area 800-529-5077

Outpatient Therapy
Individual, family, couples, and group counseling and medication management for adults, teens, and children who are experiencing mental health challenges, behavioral or emotional problems, or substance use concerns. Provided on-site or via telehealth. Accepts most insurance.
Cambridge 857-331-6331 Lynnfield 781-246-2010
Milford 508-529-7000 Newton 617-969-4925
Norwood 781-769-8670 Somerville 617-354-2275

Riverside TeleCare
Clients who cannot or prefer not to go into an office meet expert Riverside clinicians on-line using secure video-conferencing technology. (Most insurers will reimburse for telehealth services.) For Massachusetts residents only.
www.riversidetelecare.org
781-246-2003

FOR YOUNG CHILDREN AND FAMILIES

Early Head Start
In-home visits, playgroups, and trainings to prepare families with babies and toddlers for a healthy start.
Somerville, Cambridge, Medford 617-629-6652

Early Intervention
For children from birth-age 3 with or at risk of delays in development. Funded by private insurance, MassHealth, and DPH. No cost to families.
Needham area 781-449-1884 Somerville area 617-629-3919

Early Intervention Parenting Partnerships
Team of maternal child health nurses and social workers provides assessment, health education, and referrals to community services for at-risk pregnant women.
Somerville area 617-629-3919

Early Years Project
Child development specialists work with childcare centers or family providers to promote development of infants through age 6 and support families (free to any childcare center or family provider in Cambridge).
Somerville 617-702-5816

FOR CHILDREN, TEENS, AND FAMILIES

Community Service Agencies (CSA)
Wrap-around supports funded by MassHealth and some insurance plans for youth with serious emotional challenges. Provides Intensive Care Coordination and a Family Partner with lived experience.
Cambridge/Somerville area 617-354-1519
Arlington area 877-869-3016

Family After-School Program
Intensive supports for children ages 6-12 with emotional challenges to prevent hospitalization and out-of-home placement. Referral by DCF and/or DMH.
Cambridge & Somerville 617-420-5434

Family Intensive Reunification and Stabilization Team (FIRST)
Case management, brief respite, and one-on-one support for family members of children with severe emotional challenges to reduce amount of time in out-of-home placement and/or accelerate reunification process. Referral through DCF.
Somerville 617-420-5787

Family Leadership Program
Helps families develop a vision and learn to advocate for their family member with an intellectual or developmental disability.
Metro Boston 617-605-7404
Northeast MA 617-645-9577

Family Networks
Coordinates community support services for DCF-involved youth who require or are at risk for out-of-home placement. For youth in Cambridge, Somerville, Burlington, Wilmington, Woburn, and Winchester assigned by DCF.
617-520-8812

Family Support Center
Respite care, recreational activities, skill training, and specialized support for families with a child or adult with intellectual and/or developmental disabilities living at home and eligible for services through DDS. (Clubs and classes open to all.)
Burlington and surrounding towns 978-655-3801

In-Home Family Therapy
Clinical assessment and treatment for emotionally challenged children, adolescents, and their families.
Needham area 781-752-6857

Intensive Community Services (ICS)
Intensive clinical case management for children at risk for out-of-home placement such as hospital or institution; coordination of community supports for long-term sustainability of child and family. Referral through DMH.
Somerville 617-420-5443

Life Skills Centers
DMH-funded psychiatric day treatment program offering group counseling and stabilization for adolescents with significant mental health challenges.
Milford area 508-422-9250 Needham area 781-247-7762
Somerville area 617-420-5657*
*Somerville Life Skills location also serves youth with early-course psychosis or clinical high risk.

Riverside School
Structured, supportive, chapter 766-approved day school for students in grades 6-12 with significant emotional challenges and/or psychiatric diagnosis. www.riversideschoolma.org
Milford 508-422-9250 Needham 781-247-7762

Therapeutic Mentoring
Individualized, one-to-one mentoring sessions with a Therapeutic Mentor for a child or teen to support a specific goal on the child's behavioral treatment plan.
Needham area 781-752-6857

FOR ADULTS

Adult Community Clinical Supports (ACCS)
Integrated team of clinicians, counselors, and peer specialists providing clinical and recovery-focused mobile and site-based services and supports. Serves individuals with serious mental health challenges in both Group Living Environments and independent housing, to build skills and achieve goals for housing, health and wellness, employment, education, and community participation. Referral through DMH.
Dedham 781-234-1610 Milford 508-488-2200

Behavioral Health Community Partners
No-cost, voluntary program for MassHealth members referred by their provider or case management agency. Care Coordination Team helps members navigate the entire system of care, including medical, behavioral, and social services. Serves eastern and central Massachusetts.
Dedham 781-619-5000

Behavioral Treatment Services
Mobile treatment teams provide behavior therapy, counseling, and psychiatry in the community for individuals with intellectual and/or developmental disabilities or brain injury along with diagnosed mental illness or behavioral challenges. Referral through DDS.
Lynnfield area 781-246-2010
Norwood area 781-769-4143

Clubhouse & Employment Services
Recovery and employment centers offering members a community with social opportunities, work-ordered day, and employment training and assistance. Referral through DMH.
Hopedale 508-473-4715 Needham 781-449-1212
Norwood 781-762-7075 Wakefield 781-245-4272

Community Crisis Stabilization
Alternative to inpatient psychiatric hospitalization for adults experiencing mental health or substance use crisis. Group therapy and individual counseling in safe, home-like setting staffed 24/7. Typical length of treatment is five days. Referred through Riverside Mobile Crisis Intervention.
Upton 508-422-8095

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