

About Early Head Start

Are you preparing for a new baby or do you have an infant or toddler in your family? Riverside Early Head Start is a comprehensive early childhood program that partners with parents to promote children's healthy development.

This is an in-home program where we come directly to you and provide support through home visits. Our services prepare children to successfully enter preschool and help families learn important parenting skills.

All of these services are FREE to Cambridge, Medford and Somerville residents who meet federal low-income guidelines.

We Offer:

- Weekly visits focused on child development and wellness.
 - Parent-child playgroups and socialization activities.
- Health, safety, and nutrition education.
- Pre-natal information and support.
- Parent workshops and trainings.

Riverside Early Head Start welcomes families from all cultural and ethnic backgrounds and individuals with special needs.

To learn more, please call 617-629-6652.



About Riverside Community Care

We make a difference in the lives of individuals, families, and communities through innovative and compassionate behavioral healthcare and human services. A community-based nonprofit organization serving more than 40,000 people a year in Massachusetts, Riverside offers a wide range of mental healthcare, developmental and brain injury services, early childhood and youth programs, consulting, addiction treatment, trauma response, and more. And we're extending our reach globally through behavioral health education programs, crisis management, training, and consulting.

**You can apply to
Riverside Early Head Start online at:**

www.riversidecc.org/child-family-services/early-childhood-services/early-head-start

Riverside Community Care®

Leading the Way in Behavioral Healthcare & Human Services

Riverside Early Head Start
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Somerville, MA 02145
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RIVERSIDE EARLY HEAD START

We Come to You!
An In-Home Program for Families in
Cambridge, Medford, and Somerville



Riverside Early Head Start

A SERVICE OF RIVERSIDE COMMUNITY CARE

www.riversidecc.org