

## For Those with Brain Injury

Those with brain injury need specialized assistance to relearn activities that they once were able to do. Our residential programs for individuals with acquired and traumatic brain injury provide the opportunity for each resident to live successfully in the community. Our programs are staffed 24/7 with trained professionals who specialize in working with adults with brain injury. Individuals living with a brain injury learn, make strides, improve, and progress everyday with our support.

Our clinical team develops specific educational and treatment plans for each individual. Our staff are highly trained and experienced with the skills to support each individual we serve.

With the assistance of our staff each person can increase their skills – including daily living skills (cooking, reading and writing, use of public transportation, and other skills that foster independence) helping them live fulfilling lives. The model of this program is educational and our staff are educators, mentors, and guides.



## About Riverside Community Care

We make a difference in the lives of individuals, families, and communities through innovative and compassionate behavioral healthcare and human services.

A community-based non-profit organization serving more than 40,000 people a year in Massachusetts, Riverside Community Care offers a wide range of mental healthcare, developmental and brain injury services, early childhood and youth programs, addiction treatment, trauma response, and more. And our digital learning platforms extend our reach to more than one million people around the globe, providing tools for education, prevention, and crisis management.

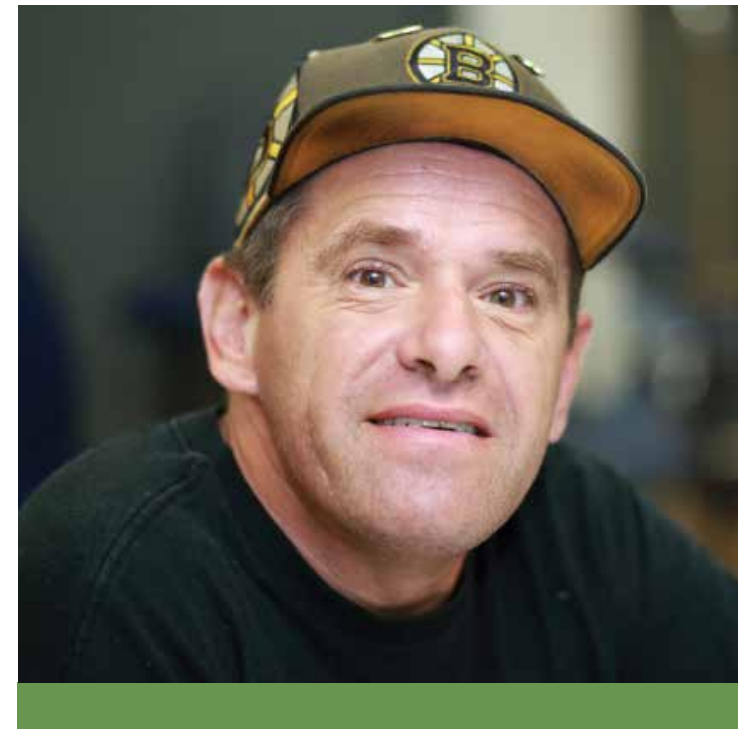
Wherever you are, you can count on Riverside when you or someone you know needs help.

## Riverside Community Care®

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# RESIDENTIAL SERVICES

For those with autism, brain injury, or intellectual/developmental disability



## Riverside Community Care

Leading the Way in Behavioral Healthcare & Human Services



## A Place to Call Home

Everyone deserves to live in a safe, comfortable, and loving home. Riverside oversees more than thirty residences for those living with intellectual and/or developmental disabilities or brain injury. The homes, both standalone homes in pleasant neighborhoods, and apartments in complexes, generally provides support to three to five people and are staffed around the clock.

Our dedicated staff supports the residents in participating in community activities, provides transportation to medical appointments, manages finances, and much more. The homes are currently located throughout towns in the Boston suburban area.

Residents are encouraged to make their own decisions and choices, as well as develop friendships in their neighborhoods and participate in community events and programs. They are encouraged to explore personal interests and hobbies, establish community relationships and are supported in their ongoing relationships with family members.



## Safe, Supported Living

Each home under the management of Riverside Community Care is safe, both structurally and environmentally. The homes are well maintained and staffed by a program director, supervisor and direct-care staff who create a familial and warm environment. Staff members provide assistance with:

- Recreational and social activities
- Meal planning, preparation, and nutrition
- Personal care and hygiene
- Development of social skills
- Medication management
- Healthcare coordination

Residential staff members have certifications in First Aid/CPR, Medication Administration, fire safety, human rights, and self-determination. Our homes have an intimate care ratio of one staff member to two residents. For higher independence homes, the ratio is generally one to four.



## Planning the Move

Choosing a suitable home for a loved one can be a hard decision. We offer support and services throughout this process. Riverside helps families:

- Determine the best supportive housing
- Select the right funding support and housing subsidies
- Navigate through a time of emotional changes