



# COMMUNITY BEHAVIORAL HEALTH CENTERS

For MassHealth and Optum Members

## Mental health and substance use care – available 24/7

If you need help with mental health or substance use challenges, Riverside CBHCs offer a single stop for high-quality services. Offering a team approach with counselors, case managers, peer supports, recovery coaches, and nurses, the CBHC offers:

- Same-day mental health assessment
- Same-day substance use assessment
- Walk-in appointments for urgent behavioral healthcare
- Immediate response in a behavioral health crisis
- Medication Assisted Treatment (MAT)
- Follow-up appointments for routine and recovery care

## Accessible, convenient, comprehensive

### Outpatient Care

- Available weekdays 8am-8pm, weekends 9am-5pm
- Therapy and psychiatry appointments
- Nurses to offer wellness screenings and coordinate lab referrals
- Group therapy and peer support
- On-site laboratory

### Mobile Crisis Intervention

Instead of a long wait in an emergency room, our highly-trained mobile crisis responders can meet over the phone, at home, at school, at our CBHC, or in another community setting.

### Crisis Stabilization

Our home-like overnight facilities within the community offer a safe place to stay following a crisis intervention, as an alternative to in-patient hospital admission when clinically appropriate.

## Other CBHC advantages

- Telehealth and community service delivery
- Real-time language translation, including ASL
- Culturally competent staff
- Coordination with primary care, Riverside, and outside services

## CBHC Locations

**176 West Street  
Milford, MA 01757  
508-529-7000**

*Serving MassHealth and Optum members from Bellingham, Blackstone, Brimfield, Brookfield, Charlton, Douglas, Dudley, East Brookfield, Franklin, Holland, Hopedale, Medway, Mendon, Milford, Millville, Northbridge, North Brookfield, Oxford, Southbridge, Sturbridge, Sutton, Upton, Uxbridge, Wales, Warren, Webster, and West Brookfield*

**190 Lenox Street  
Norwood, MA 02062  
781-769-8670**

*Serving MassHealth and Optum members from Canton, Dedham, Dover, Foxboro, Medfield, Millis, Needham, Newton, Norfolk, Norwood, Plainville, Sharon, Walpole, Wellesley, Weston, Westwood, and Wrentham*

## Riverside Community Care

Leading the Way in Behavioral Healthcare & Human Services

[www.riversidecc.org](http://www.riversidecc.org)