



# LIFE SKILLS CENTER AT SOMERVILLE: LARRY

## NEW THERAPEUTIC PROGRAM FOR YOUTH WITH EMOTIONAL DIFFICULTIES

### INCLUDING SPECIALIZATION IN EMERGING PSYCHOSIS

Riverside Community Care and DMH have joined together to present Life Skills Somerville: LARRY (*Learning and Readiness for Resilient Youth*). Based on our successful Life Skills programs at Needham and Milford, Life Skills Somerville: LARRY provides the same effective treatments for all mental health needs, with specialization in emerging psychosis.

#### What We Do

- Day treatment, helping youth to overcome crisis
- Bring peers together in therapeutic groups
- Teach coping and social skills
- Develop social connections
- Support families with school search, as needed
- Support goals of finding employment, building skills to facilitate development of interests, building skills to assist identity development
- Psychiatric consultation to supplement existing care

#### Who We Treat

- Youth ages 12-18
- Teens with mental health struggles
- Resident of Massachusetts
- Ideal for students unable to attend school while families seek appropriate academic environment
- Students who are in school, but could benefit from attending day treatment a few days per week

#### How To Reach Us

Contact Kim Irving at Metro Boston DMH: 617-686-0746 (cell), 617-626-8976 (work), or [kimberly.a.irving@mass.gov](mailto:kimberly.a.irving@mass.gov)

#### Contact Us

##### For referrals contact:

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##### For more information about the Life Skills Center:

Lacey Alvarez, Program Director  
781-747-8116  
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##### Riverside Life Skills Center

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