

Riverside Community Care

Leading the Way in Behavioral Healthcare & Human Services

A Celebration of Connection, Resilience, and Hope...



The Gala, our largest fundraising event of the year, benefits Riverside’s child behavioral healthcare and family services in Cambridge, Somerville, and surrounding cities and towns. Virtual again this year, the Gala will take place on Saturday, May 1, with a reception at 6:30 pm, followed by a program and entertainment at 7:00 pm. Join us as we honor Gregory N. Hagan, MD, Chief of Pediatrics at Cambridge Health Alliance and Assistant Professor of Pediatrics at Harvard Medical School, with entertainment by the unforgettable Kemp Harris.

[Click here for tickets](#)

2020 in Review



We’re proud to offer this look back at the past year at Riverside and pleased to recognize the many friends and donors who helped make our services possible. 2020 was filled with challenges, ingenuity, the courage of the many people we continued to serve, and the commitment of the employees who didn't miss a beat! Please take a moment to look through the accomplishments of the past year.

[Look through the book](#)

Teenage Mental Health During the Pandemic: Expert Q&A

Although we all cautiously look forward to a gradual return to familiar activities and connections, the mental health of teenagers – who have been especially vulnerable to loneliness and anxiety during the pandemic – is cause for continuing concern. It can be hard for adults, with their own worries, to understand teens’ struggles. We asked Nancy Rhoads, program manager of Riverside’s Home-Based Family Services in Needham, to offer some perspective and advice in this Q&A.



Workplace Wellness with MindWise



Riverside's MindWise Innovations is working closely with companies around the world to help them build a resilient workforce. In this recent [PsychHub podcast](#), Dr. Lisa Desai, Director of Behavioral Health Consulting, discusses workplace mental health, managing company culture, and trauma-informed care. [Visit here](#) to learn more about MindWise's pioneering work with businesses.

Employment Collaboratives Thank Ocean State Job Lot



Our Regional Employment Collaboratives and partner human services agencies are grateful to Ocean State Job Lot for their generous donation of 5,000 bottles of hand sanitizer. This added protection on the job will benefit individuals with disabilities at their workplaces arranged through our employment services.

[More on the Employment Collaboratives](#)

Riverside Community Care makes a difference in the lives of individuals, families, and communities through innovative and compassionate behavioral healthcare and human services. A community-based non-profit organization, Riverside offers a wide range of mental healthcare, developmental and brain injury services, early childhood and youth programs, addiction treatment, trauma response, and more. Riverside's digital platforms are also reaching more than three million people around the globe, providing tools that educate, assess and reduce risk, and improve health.