



LIFE SKILLS CENTER AT SOMERVILLE: LARRY

NEW THERAPEUTIC PROGRAM FOR YOUTH WITH EMOTIONAL DIFFICULTIES

INCLUDING SPECIALIZATION IN EMERGING PSYCHOSIS

Riverside Community Care and DMH have joined together to present Life Skills Somerville: LARRY (*Learning and Readiness for Resilient Youth*). Based on our successful Life Skills programs at Needham and Milford, Life Skills Somerville: LARRY provides the same effective treatments for all mental health needs, with specialization in emerging psychosis.

What We Do

- Day treatment, helping youth to overcome crisis
- Bring peers together in therapeutic groups
- Teach coping and social skills
- Develop social connections
- Support families with school search, as needed
- Support goals of finding employment, building skills to facilitate development of interests, building skills to assist identity development
- Psychiatric consultation to supplement existing care

Who We Treat

- Youth ages 12-18
- Teens with mental health struggles
- Resident of Massachusetts
- Ideal for students unable to attend school while families seek appropriate academic environment
- Students who are in school, but could benefit from attending day treatment a few days per week

How To Reach Us

Contact Neal Chisholm at Metro Boston DMH: 857-278-5393 (cell), 617-626-8738 (work), or neal.chisholm@mass.gov

Contact Us

For referrals contact:

Neal Chisholm
Metro Boston DMH
617-626-8738
857-278-5393 (cell)
neal.chisholm@mass.gov

For more information about the Life Skills Center:

Lacey Alvarez, Program Director
781-747-8116
lcukier@riversidecc.org

Riverside Life Skills Center

117 Summer Street
Somerville, MA 02143
781-747-8116

Riverside
Community
Care

Leading the Way in Behavioral
Healthcare & Human Services

Mass
DMH
Department of
Mental Health