



# NEWTON YOUTH OUTREACH

Riverside's Newton Youth Outreach (NYO) provides therapeutic behavioral healthcare to students, regardless of insurance, conveniently onsite at Newton schools during the academic day. This approach can overcome challenges to coordinating care, such as transportation, guardian availability, after-school family obligations, or time constraints.

## We meet student and family needs

Riverside NYO clinicians meet with students primarily at school during their free periods. If school is not the best option, other possibilities include:

- The Riverside office at 64 Eldredge Street in Newton
- Another community location agreed upon by the child, guardian, and clinician
- Secure online Telehealth services

We can also schedule time outside the school day if the student and family prefer, or if schedules prevent school-day sessions.

Clinicians generally meet with the student once a week (twice a week if clinically necessary) during the school year, and can continue to meet over the summer to assure continuity of care.

## How is NYO different from school counseling?

We address different types of issues. Newton's school counselors provide short sessions of around 15-30 minutes focused on a student's school experience or academics. Riverside's Newton Youth Outreach clinicians are trained social workers and mental health counselors who can address other circumstances that impact a student's life, and provide intensive ongoing therapy for any behavioral health condition or diagnosis.

## What is the referral process?

A school counselor, guardian, or even the student can contact us for a referral form (or you can find it through the QR code on this page). Once we have the form filled out, with the student's school schedule attached (it's very important to include this), we can review the student's needs and arrange to meet.

## School and guardian partnership

Our partnership is through the Newton Public Schools, and any student who lives in or goes to school in Newton, regardless of insurance, can access Newton Youth Outreach services. During the course of therapy, Riverside clinicians consult with school counselors roughly monthly during the school year, and with student guardians as necessary.

## Newton Youth Outreach

64 Eldredge Street  
Newton, MA 02458  
Phone 781-443-9419  
Fax 617-244-2507

## Referrals

For referral form, call us or use the QR code:



**Riverside Community Care**

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