# Call when you have a question or concern – addressing issues early can make a big difference!

Please contact us for information or to request a consultultation: eyp@riversidecc.org
617-702-5816



Funded by the cities of Cambridge and Somerville, Early Years Project services are offered free of charge to any child – infants through preschoolers – receiving childcare in the cities of Cambridge and Somerville.

### **About Riverside Community Care**

Each year Riverside Community Care provides more than 40,000 children, adolescents, and adults with a broad range of behavioral healthcare and human services. We offer mental healthcare, developmental and brain injury services, youth and early childhood programs, addiction treatment, trauma response, and more. And our work includes partnerships with local hospitals, physicians, and schools.

You can count on Riverside when you or someone you know needs help. We take your trust seriously and work hard to make a difference by delivering compassionate, locally-based, integrated care.

We make a difference – locally, every day.

Riverside Early Years Project
12 Tyler Street • Somerville, MA 02143
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Riverside Community Care

www.riversidecc.org

## RIVERSIDE EARLY YEARS PROJECT

Supporting Caregivers of Young Children



In collaboration with the City of Cambridge Department of Human Service Programs, the Cambridge Health Alliance, Cambridge Public Schools, and the Birth to 3rd Grade Partnership

### Riverside Community Care

Leading the Way in Behavioral Healthcare & Human Services



### **The Early Years Project**

Do you have concerns about the development or behavior of a child in your care?

Do you have a child, family, or staff person in your program in need of support due to difficult life stressors?

Are you interested in making changes in your childcare center, classroom, or family childcare?

Our team of child development specialists supports teachers, directors, providers, and parents to meet the social, emotional, and developmental needs of children – infants through preschool – in early childcare settings. We are supported by regular consultation with therapeutic and medical providers from the Cambridge Health Alliance.



#### **How We Work**

We partner with teachers, providers, and parents in early childcare settings. Together we identify strengths, challenges, and needs, and explore:

- Ways of thinking about and working effectively with all children and their families.
- Strategies to build on strengths and address concerns.
- Changes in routines and the environment to promote well-being and foster learning.
- Curriculum to support individual and whole group social-emotional development.

"See a child differently, you see a different child." – Dr. Stuart Shanker



### **What We Do**

- Observe children and the childcare environment.
- Meet with staff and parents.
- Provide a written summary of our observations and meetings.
- Provide resources and referrals for specialized services when needed.
- Provide articles and curriculum activities.
- Lend books and other materials.
- Offer staff and parent training about social emotional development and self-regulation.
- Support directors in working with staff, families, and children.
- We speak English and Spanish.