

## Support Throughout Recovery

Riverside's network of Outpatient Centers provide a continuum of care to support recovery and wellness. Each center has clinicians with training in substance use, mental health, and co-occurring treatment. We offer individual and group counseling, medication, and connections to resources to help stay on the path to wellness.

## Making the Connection

Referrals to Connect2Recovery can be made by a primary care or behavioral health provider, a hospital or health center, community safety or emergency services department, or the individual seeking services.

*Connect2Recovery services are available to members of a MassHealth Managed Care plan.*



## About Riverside Community Care

We make a difference in the lives of individuals, families, and communities through innovative and compassionate behavioral healthcare and human services. A community-based non-profit organization serving more than 40,000 people a year in Massachusetts, Riverside Community Care offers a wide range of mental healthcare, developmental and brain injury services, early childhood and youth programs, addiction treatment, trauma response, and more.

And our digital learning platforms extend our reach to more than one million people around the globe, providing tools for education, prevention, and crisis management.

Wherever you are, you can count on Riverside when you or someone you know needs help.

## Contact Information

Riverside Community Care  
Connect2Recovery  
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**Riverside Community Care®**

[www.riversidecc.org](http://www.riversidecc.org)

# CONNECT2RECOVERY

Supporting Wellness  
Through Substance Use and  
Mental Health Services



**Riverside Community Care**

Leading the Way in Behavioral Healthcare & Human Services



## Not Just Recovery, But Wellness

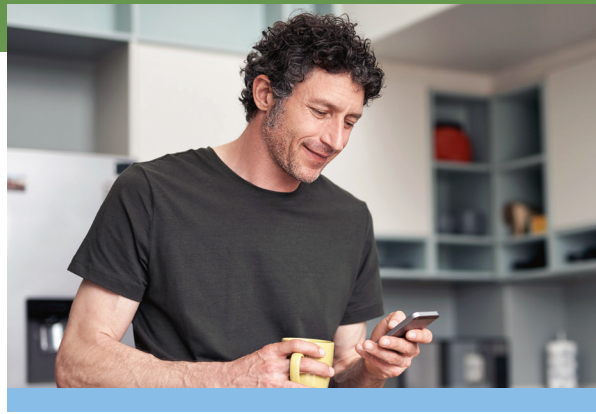
Connect2Recovery is Riverside's supportive approach to helping people recover from substance addiction and mental health disorders. We believe recovery includes wellness in all areas of life, as determined by the individual. Connect2Recovery is designed to:

- Eliminate barriers to recovery
- Support a person's chosen pathway of recovery
- Coordinate with each person's unique care team
- Offer supportive care to maintain wellness after treatment

We help individuals develop a Recovery Wellness Plan – a written record of the goals they wish to achieve in one or more areas of life such as physical health, education, employment, and emotional health. Throughout, we use a person-centered, strengths-based approach that puts the individual in recovery in the lead, and builds independence and self-advocacy.

*"I got my life back. I can now be present, active, and reliable in my children's lives."*

– Shani, Connect2Recovery client in recovery



## The C2R Team

Recovery Support Navigators and Community Support Providers are case managers who will help navigate barriers to recovery. They help connect members to resources for a healthy, balanced life. They can:

- Coordinate therapy and Medication for Addiction Treatment
- Connect to peer recovery resources like AA, NA, SMART recovery, and recovery centers
- Find health providers and specialists
- Assist with access to food stamps and transitional assistance
- Provide guidance and support with drug court or DCF
- Assist with temporary transportation as needed to meet goals



Recovery Coaches are peers with personal lived experience who have been trained to compassionately support a person in recovery. A Recovery Coach is a culturally sensitive advocate and role model who helps members make positive life choices and develop recovery-friendly social relationships. They can:

- Serve as a mentor and guide for achieving life goals
- Help explore pathways of recovery and connections to the recovery community
- Provide social and emotional support to deal with life's challenges
- Support reconnection, peer accountability, and conflict reduction with family and friends
- Assist with self-advocacy and access to counseling and medical services, legal supports, and living resources

*"Achieving sobriety is one of the most difficult and most courageous things an individual can do."*

– Mike L., Recovery Coach