

# ABOUT US

## *MAKING A DIFFERENCE – LOCALLY, EVERY DAY*

Each year Riverside Community Care provides more than 40,000 children, adolescents, and adults with a broad range of behavioral healthcare and human services. We offer mental healthcare, developmental and brain injury services, youth and early childhood programs, addiction treatment, trauma response, and more.

You can count on Riverside when you or someone you know needs help. We take your trust seriously and work hard to make a difference by delivering compassionate, locally-based, integrated care.

We are proud to be an award-winning, non-profit organization delivering the same high quality of care to everyone we serve, no matter what language a person speaks, their cultural background, or their economic situation. We offer emergency care, urgent and outpatient services, in-home and residential care, psychiatric day programming, early intervention, employment support, and domestic violence services throughout eastern and central Massachusetts. We partner with local hospitals and physicians, and we work with most insurers and MassHealth. Riverside is where your community, schools, and workplaces turn when faced with the emotional aftermath of tragic events such as teen suicides or natural disasters.

**We make a difference – locally, every day.**

### **Child and Family Services**

Our child and family services provide mental healthcare, early childhood programs, and family support under both The Guidance Center name (in Cambridge and Somerville) and Riverside Community Care (in the suburbs). We are dedicated to helping families succeed in meeting their own goals. Whether a family needs help with their infant who is facing developmental delays, an older child struggling to manage his emotions, or an adolescent with thoughts of suicide, our skilled clinicians work collaboratively with families to develop individualized treatment strategies.

We have many decades of experience and have developed a broad array of integrated, flexible services that wrap around the entire family. We aim to provide our services close to or, in many cases, right in the family home. Our hallmark is our dedication to helping create lasting change for individuals, children, families, and the whole community.





## Adult Services

Adults who use our services have a wide range of needs and goals – someone struggling with mental illness or addiction who is in need of outpatient counseling or medication, an individual with a developmental disability or brain injury in need of residential support, or a person living with a serious psychiatric condition who needs help integrating into their community. No matter the challenge, our dedicated staff develop a thoughtful plan together with the individual. Depending on the situation, we may be involved for a short time or we may provide ongoing services that allow the person to continue living in his or her own community with varying levels of support.

## Services for Communities

School systems, cities, towns, and private corporations can also access our mental healthcare and human services. Whether we are supporting those affected by homicides, teen suicides, acts of terrorism, or natural disasters, we provide a broad range of prevention, intervention, consultation, training, and treatment services throughout Massachusetts. For example, after the Boston Marathon bombing, we provided “psychological first aid” to many of the residents and shop owners who were affected. In keeping with our goal to fill key gaps in the safety net, we also bring together dozens of social service agencies and local corporations to address the lack of employment opportunities for people with disabilities. This past year we helped more than 750 people with disabilities secure full-time jobs. And for several communities, we provide specialized services for those threatened by domestic violence.



Visit us at [www.riversidecc.org](http://www.riversidecc.org) for more information about our services and programs.