

MARCH 2010

■ A CLINICAL UNDERSTANDING OF BORDERLINE PERSONALITY DISORDER

Sherri Snyder-Roche, MA, LMHC, Private Practice and Founder of Integrated Psychotherapy-Mendon, MA.

Date/Time: Thursday, March 18, 10:00am - 11:30am
Location: Morrill Library, Norwood
Audience: All Staff
CEUs Pending: Social Work/Licensed Mental Health Counseling and Nursing
CEs Pending: Psychology

Borderline Personality Disorder (BPD) is characterized by pervasive instability in moods, interpersonal relationships, self-image and behavior. This instability often disrupts family and work life, long-term planning, and the individual's sense of self-identity. In this training, you will gain a better clinical understanding of BPD, why consistent and team treatment approaches are crucial and discern your role in client treatment.

■ BLACKBERRY END-USER TRAINING

Carmen Patuto, Director of Information Technology, Riverside Community Care.

Date/Time: Wednesday, March 24, 10:00am - 11:00am
Location: Riverside Community Care, Dedham
Audience: Staff with Riverside Issued Blackberry Devices. Limit 15

Learn the full capabilities of your Blackberry device so you can be more effective and efficient. Topics include: Time-saving short-cuts for phone, email messages, calendar, customizing settings, and much more. Please bring your Blackberry device to the training.

■ "I AM BAD, SO I DO BAD THINGS": THE POWER OF SHAME

Lynn Sanford, LICSW, Assistant Professor, Simmons School of Social Work. Noted lecturer on working with trauma survivors; author of *The Silent Children* and *Strong at the Broken Places*.

Date/Time: Thursday, March 25, 10:00am - 12:30pm
Location: Needham Library
Audience: All Staff
CEUs: Social Work/Licensed Mental Health Counseling
CEs Pending: Psychology

Shame is a common after-effect of trauma. It is also an underlying cause of many behaviors that bring people to the attention of helping professionals. This workshop explores the role shame plays in addictive, criminal, abusive and self-destructive behaviors. Implications for interviewing, treatment approaches and counter-transference challenges will be discussed.

☆ FINANCIAL MANAGEMENT FOR MANAGERS

Debra Harris, Vice President, Administration & Finance and Chief Financial Officer, Riverside Community Care.

Date/Time: Tuesday, March 30, 9:30am - 12:30pm
Location: Riverside Community Care, Dedham
Audience: Riverside Managers
CEUs: Social Work/Licensed Mental Health Counseling

Unravel the mysteries of Riverside's budgets and financial statements. Focus will include: how to read financial statements, planning and measurement, controllable and uncontrollable expenses, coding for accounting purposes, capital purchases and depreciation.



RIVERSIDE COMMUNITY CARE

781-329-0909

www.riversidecc.org

APRIL 2010

■ HUMAN RIGHTS NEW ADVOCATE TRAINING

Kathy Janssen, Director of Quality Management; Jennifer Pike, Quality Manager and Jessica Kim, Quality Manager-Riverside Community Care.

Date/Time: Tuesday, April 6, 9:30am - 12:30pm
Location: Riverside Community Care, Dedham
Audience: Required for New Human Rights Advocates

This training provides participants with an introduction to Riverside's Human Rights System, including an understanding of basic human rights, the role and responsibilities of the Human Rights Advocate, required paperwork, the human rights complaint process and Riverside's Human Rights Committees.

☆ DIVERSITY AWARENESS

Presented by the Riverside Diversity Committee.

Date/Time: Wednesday, April 14, 9:00am - 1:00pm
Location: Christ Episcopal Church, Needham
Audience: Riverside Managers and Diversity Representatives
CEUs: Social Work/Licensed Mental Health Counseling/Nursing

Riverside supports and promotes a diverse organization based on mutual respect among all stakeholders. In this interactive training, Riverside Managers and Diversity Representatives are introduced to Riverside's diversity efforts as well as the roles and responsibilities of managers and representatives in maintaining and supporting a diverse organization. *Lunch will be provided.*

■ ASSESSING AND MANAGING SUICIDE RISK: CORE COMPETENCIES FOR MENTAL HEALTH PROFESSIONALS

Larry Berkowitz, Ed.D., Director; and Jim McCauley, LICSW, Associate Director - Riverside Trauma Center.

Date/Time: Thursday, April 15, 9:00am - 5:00pm
Location: The Guidance Center, 61 Medford St., Somerville
Audience: Riverside Mental Health Professionals. Limit: 30
CEUs: Social Work/Licensed Mental Health Counseling/Nursing
CEs: Psychology

This workshop will provide you with valuable information on how to assess suicide risk, plan treatment, and manage the ongoing care of at-risk individuals. By maintaining an effective attitude and approach, collecting accurate assessment information, formulating risk, developing a treatment and services plan, and managing care, staff will develop a new sense of confidence and clarity in working with individuals at risk for suicide.

■ HUMAN RIGHTS RETRAINING

Kathy Janssen, Director of Quality Management; Jennifer Pike, Quality Manager and Jessica Kim, Quality Manager-Riverside Community Care.

Date/Time: Tuesday, April 20, 9:30am - 12:30pm
Location: Riverside Community Care, Dedham
Audience: Required for all Human Rights Advocates to attend annually; not for new Advocates

A review of Riverside's Human Rights System, the role and responsibilities of the Human Rights Advocate, required paperwork, the Human Rights Complaint Process and Riverside's Human Rights Committees. Issues regarding basic human rights will be discussed using case examples. **Note:** *Current advocates need to be retrained on an annual basis. Please check your previous training date to see if you need to attend.*

■ OVERVIEW OF AUTISM SPECTRUM DISORDERS

Pat Dennis, M.Ed., BCBA. South Norfolk County ARC, Westwood, MA.

Date/Time: Thursday, April 22, 10:00am - Noon
Location: Needham Public Library
Audience: All Staff
CEUs Pending: Social Work/Licensed Mental Health Counseling/Nursing

Autism is a complex developmental disability that affects social interaction and communication. Symptoms usually start before age three and can cause delays in many different skills that develop from infancy to adulthood. The Autism Spectrum Disorder category includes: Autism, Asperger Syndrome and Pervasive Developmental Disorder. In this training you will learn the associated features and learning characteristics of individuals with these disorders.



ADVANCE REGISTRATION IS NECESSARY FOR ALL TRAINING

RIVERSIDE COMMUNITY CARE

450 WASHINGTON STREET, SUITE 201

Trainings are free to Riverside staff. To register, call Training, Riverside's Human Resources & Staff Development at 781-329-0909, ext. 5352

MANDATORY CERTIFICATION AND HEALTHCARE TRAINING

Please note:

Healthcare Trainings are held at Riverside Community Care, 450 Washington Street, Dedham.

PRE-REGISTRATION IS NECESSARY.

To register for these trainings, call 781.329.0909, ext. 5390.

COMBINED ADULT CPR/FIRST AID

(10:00am - 4:00pm)

Tuesday, March 16

Wednesday, April 7

Monday, April 26

MEDICATION ADMINISTRATION RECERTIFICATION REVIEW

(4:30pm - 9:30pm)

Friday, March 5

Friday, April 9

Friday, April 30

Testing for Medication Administration Recertification: Conducted by Riverside Training, may be available during class time.



MEDICATION ADMINISTRATION TRAINING

(9:30am - 5:30pm)

Saturday & Sunday, March 6 & 7

Saturday & Sunday, April 10 & 11

CAREER OPPORTUNITIES

Riverside is always looking for talented staff.

For more information regarding positions or to apply online, visit our website at www.riversidecc.org

Don't forget about Riverside's Employee Referral Bonus program! For more information please call Katie Brown at 781.320.5355.



"Riverside Community Care is approved by the American Psychological Association to sponsor continuing education for psychologists. Riverside Community Care maintains responsibility for this program and its content."

To view the Riverside Training Calendar online, please go to: www.riversidecc.org and select: Careers; Training and Staff Development; and Training Series Calendar.

TRAINING LOCATIONS

CHRIST EPISCOPAL CHURCH, 1132 Highland Ave., Needham. Enter red door on left and follow through Fellowship Hall. Parking on Highland Ave. lot across the street from Church (same as Needham Public Library lot).

GUIDANCE CENTER, 61 Medford St., Somerville. Limited parking in spaces marked "Visitor" or "EI". There is additional parking available at our 111 South St., Somerville location.

MORRILL LIBRARY, 33 Walpole St., Norwood. Parking in Congregational Church main lot on Winter St., across from side entrance of library. Limited street parking. **No parking in library lot please.**

RIVERSIDE COMMUNITY CARE, 450 Washington St., Suite 201, Dedham. Limited parking available adjacent to the building. Alternative parking in municipal lot on Eastern Ave.

NEEDHAM PUBLIC LIBRARY, 1139 Highland Ave., Needham. **Parking in Highland Ave. lot only.**

☆ Part of the Management Training Series

Weather Cancellations: Call 781-329-0909 for a recorded message.

