

MARCH 2009

TEEN & YOUNG ADULT DRUG TRENDS: A PRIMER FOR PROFESSIONALS

Marilyn Grifoni Belmonte, Substance Abuse Prevention & Drug Recognition Specialist, Burlington Drug & Alcohol Task Force, Burlington MA.

Date/Time: Tuesday, March 10, 10:00am - 12:30pm
Location: Beebe Library, Wakefield
Audience: All Staff
CEUs: Social Work/Licensed Mental Health Counseling/Nursing
CEs Pending: Psychology

Teen and young adult drug trends are changing. Over the past decades, many drugs have increased dramatically in potency and addiction potential. Professionals who understand drug trends and signs of abuse (paraphernalia, physical symptoms and behavioral changes) can help decrease addiction, improve rehabilitation services and support counseling efforts.

★ MANAGEMENT OF SERVICES AND PROGRAMS AT RIVERSIDE

Jon Jaffe, Division Director, Family and Behavioral Health; and Elizabeth Whitney, Clinical Director, Community Living Services - Riverside Community Care.

Date/Time: Tuesday, March 17, 9:30pm - 12:30pm
Location: Riverside Community Care, Dedham
Audience: Riverside Managers
CEUs: Social Work/Licensed Mental Health Counseling
CEs Pending: Psychology

This training will address the following aspects of service management: Riverside's system of care, service integration across programs and divisions, "customer" relations, ethics and boundaries, wellness/recovery and empowerment; and leadership.

FAMILY MATTERS: PROVIDING TOOLS TO FAMILY AND FRIENDS OF THOSE STRUGGLING WITH EATING DISORDERS

Beth Mayer, LICSW, CEO, Multiservice Eating Disorders Association, Newton, MA.

Date/Time: Tuesday, March 24, 10:00am - 1:00pm
Location: Milford Library
Audience: All Staff
CEUs: Social Work/Licensed Mental Health Counseling/Nursing
CEs Pending: Psychology

Eating Disorders have one of the highest mortality rates of any psychiatric illness. Family and friends can often be the individual's most valuable resource. Learn strategies and dos and don'ts in giving support.

CHILDREN WHO ACT OUT THEIR PAIN: SEXUAL BEHAVIOR PROBLEMS IN CHILDREN

Lynn Sanford, LICSW, Assistant Professor, Simmons School of Social Work; noted lecturer on working with trauma survivors; author of *The Silent Children* and *Strong at the Broken Places*.

Date/Time: Tuesday, March 31, 10:00am - 12:30pm
Location: Needham Library
Audience: All Staff
CEUs: Social Work/Licensed Mental Health Counseling/Nursing
CEs Pending: Psychology

Children who act out sexually present a challenging and complex diagnostic picture. This workshop contrasts a continuum of problematic sexual behavior with what is developmentally expected. It will also explore implications for placement and treatment planning for a range of difficult cases, focusing on children in alternative care situations. Participants are encouraged to bring examples from their clinical practices.

★ Management Training Series

APRIL 2009

DIVERSITY AWARENESS

Presented by the Riverside Diversity Committee.

Date/Time: Wednesday, April 1, 9:00am - 1:00pm
Location: Needham Library
Audience: Riverside Managers and Diversity Representatives
CEUs: Social Work/Licensed Mental Health Counseling/Nursing

Riverside supports and promotes a diverse organization based on mutual respect among all stakeholders. In this interactive training, Riverside Managers and Diversity Representatives are introduced to Riverside's diversity efforts as well as the roles and responsibilities of managers and representatives in maintaining and supporting a diverse organization. *Lunch will be provided.*

HUMAN RIGHTS NEW ADVOCATE TRAINING

Kathy Janssen, Director of Quality Management; and Cheryl Colbert, Quality Manager and Human Rights Coordinator - Riverside Community Care.

Date/Time: Wednesday, April 1, 9:30am - 12:30pm
Location: Riverside Community Care, Dedham
Audience: Required for all Human Rights Advocates

This training provides participants with an introduction to Riverside's Human Rights System, including an understanding of basic human rights, the role and responsibilities of the Human Rights Advocate, required paperwork, the human rights complaint process and Riverside's Human Rights Committees.

★ INTRODUCTION TO SUPERVISION: PART 1 & PART 2

Sarah Lange, MSW, Founder and Principal, Legacy Consulting, Worcester, MA.

Date/Time: **Part 1:** Monday, April 6, 9:30am - 1:00pm
Part 2: Monday, April 13, 9:30am - 1:00pm
Location: Riverside Community Care, Dedham
Audience: Riverside Managers. **Attendance at both sessions required.**
CEUs: Social Work/Licensed Mental Health Counseling

Part 1: Learn how to gain the skills, knowledge and tools you need to become a successful manager. This session will cover understanding and establishing your role as a supervisor, establishing positive relationships, strategies for handling common supervision problems, and tips on successful delegation.

Part 2: Learn how to manage a diverse workforce and deal with difficult personalities. Strategies will be provided on coaching and mentoring staff, as well as performance evaluation management. Gain strategies to manage your own stress and practice self-care.

HUMAN RIGHTS RETRAINING

Kathy Janssen, Director of Quality Management; and Cheryl Colbert, Quality Manager and Human Rights Coordinator - Riverside Community Care.

Date/Time: Tuesday, April 7, 9:30am - 12:30pm
Location: Riverside Community Care, Dedham
Audience: Required for New Human Rights Advocates to attend annually and not for new Advocates

A review of Riverside's Human Rights System, the role and responsibilities of the Human Rights Advocate, required paperwork, the Human Rights Complaint Process and Riverside's Human Rights Committees. Issues regarding basic human rights will be discussed using case examples. **Note:** *Current advocates need to be retrained on an annual basis. Please check your previous training date to see if you need to attend.*

WORKING WITH LOSS AND GRIEF: THERAPEUTIC INTERVENTIONS

John R. Jordan, Ph.D., Fellow in Thanatology from the Association for Death Education and Counseling (ADEC), Clinical Consultant for Grief Support Services of the Samaritans, Boston, MA.

Date/Time: Tuesday, April 21, 10:00am - Noon
Location: Morrill Library, Norwood
CEUs: Social Work/Licensed Mental Health Counseling/Nursing
CEs Pending: Psychology

Loss and grief are universal human experiences. Yet mourning can sometimes become complicated and unresolved, leading to lasting psychological injury. This workshop describes the normal processes of mourning, the diversity of responses to loss, and the risk factors for complications in the mourning process. Social supports that facilitate healing during bereavement will also be discussed as well as the various interventions that human service professionals can offer to assist with integration of the loss.

INTRODUCTION TO RECOVERY: PRINCIPLES AND PRACTICE

Elizabeth Whitney, Clinical Director, Community Living Services; and Amy Long, CRS Outreach Worker - Riverside Community Care.

Date/Time: Tuesday, April 28, 10:00am - 1:00pm
Location: Beebe Library, Wakefield
Audience: All Staff
CEUs: Social Work/Licensed Mental Health Counseling/Nursing
CEs Pending: Psychology

State mental health systems across the country, including Massachusetts, are transforming to provide services based on a recovery orientation and its core components - *Hope*, and the belief that individuals living with mental illness have the ability and the right to *live, work, learn, and participate* fully in their communities. This training will introduce you to, or deepen your understanding of, what is meant by "recovery"; discuss how Riverside views and values recovery; and offer practical ideas as to how you can apply recovery principles to the work you do.

★ Management Training Series

SEE REVERSE SIDE FOR MANDATORY CERTIFICATION AND HEALTHCARE TRAININGS AND TRAINING LOCATIONS.

ADVANCE REGISTRATION IS NECESSARY.

Trainings are free to Riverside staff. To register, call Training, Riverside's Human Resources & Staff Development at **781.329.0909, ext. 5352**.

Weather Cancellations: Call 781.329.0909 for a recorded message.

To view the Riverside Training Calendar online, please go to: www.riversidecc.org and select: Careers; Training and Staff Development; and Training Series Calendar.

Riverside Community Care 450 Washington Street, Suite 201 Dedham, MA 02026 781.329.0909 www.riversidecc.org

Riverside Community Care

MANDATORY CERTIFICATION AND HEALTHCARE TRAINING

Please note: *Healthcare Trainings are held at Riverside Community Care, 450 Washington Street, Dedham. PRE-REGISTRATION IS NECESSARY. To register for these trainings, call 781.329.0909, ext. 5390.*

COMBINED ADULT CPR/FIRST AID (10:00am - 4:00pm)

Wednesday, March 11
Tuesday, March 31
Tuesday, April 21

MEDICATION ADMINISTRATION RECERTIFICATION REVIEW (4:30pm - 9:30pm)

Friday, March 6
Friday, April 3

Testing for Medication Administration Recertification: *Conducted by Riverside trainer, may be available during class time.*

MEDICATION ADMINISTRATION TRAINING (9:30am - 5:30pm)

Saturday & Sunday, March 7 & 8
Saturday & Sunday, April 4 & 5

TRAINING LOCATIONS

BEEBE LIBRARY, 345 Main St., Wakefield. Limited street parking.

MILFORD TOWN LIBRARY, 80 Spruce St., Milford. Limited street parking. Municipal lot on Pine St., one block from library. **No parking in library lot please.**

MORRILL LIBRARY, 33 Walpole St., Norwood. Parking in Congregational Church main lot on Winter St., across from side entrance of library. Limited street parking. **No parking in library lot please.**

NEEDHAM PUBLIC LIBRARY, 1139 Highland Ave., Needham. **Parking in Highland Ave. lot only.**

RIVERSIDE COMMUNITY CARE, 450 Washington St., Suite 201, Dedham. Limited parking available adjacent to the building. Alternative parking in municipal lot on Eastern Ave.

Riverside Community Care is approved by the American Psychological Association to sponsor continuing education for psychologists. Riverside Community Care maintains responsibility for this program and its content.

CAREER OPPORTUNITIES

RIVERSIDE is always looking for talented staff. For more information regarding available positions or to apply online, visit our website at www.riversidecc.org.